VOICE COACHING

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Ideal for presenting and networking freelancers

Voice coaching involves working on aspects of your vocal flexibility and speaking style.

We'll look at:

- Exploring how you use your voice
- Vocal warm-ups
- How the speed of your speech makes a difference
- How breath strengthens your voice
- Gaining more confidence for speaking
- Voice and emotion
- Strategies for talking to an audience (posture, pace, pronunciation)
- Considerations for speakers of English as a second language
- Communication in the wider sense



The sessions give you the tools to be flexible and creative with your voice so that people listen and understand you.

These sessions can be taken on dates which are convenient for you and are suitable for 1 to 1 or groups. These voice courses are run in conjunction with Pippa, a voice coach and speech & language therapist.

ABOUT THE TRAINER

Pippa gained a Linguistics and Phonetics degree from Hull University in 1988 and qualified as a speech and language therapist in 1990 (City University); in recent years Pippa has developed her practice as a vocal coach and works in a variety of settings with both healthy and disordered voices.

Over two decades' work in the NHS brought Pippa into contact with a range of voice and speech work (from severe vocal problems through to presentation skills and singing), and professionals such as actors, singers and teachers.

Pippa's postgraduate qualifications include training in The Accent Method, Vocal Profile Analysis and the Estill Voice Training System (Levels 1 and 2). She teaches voice and speech workshops in Hertfordshire and is based at The Albany Centre in St Albans where she runs her independent practice.

Pippa is registered with the Royal College of Speech and Language Therapists and the Health and Care Professions Council, and is a member of the British Voice Association.



- 1 to 1 sessions
- 1.5 hours per session, our package is for 2 sessions
- £140.00 + VAT per person
- The Albany Centre, St Albans
- Weekdays
- Group sessions also available